

- 1- PLEASE KEEP SAFETY IN MIND FIRST.
- 2- LIFE VESTS ARE AVAILABLE FOR EVERYONE ON THE BOAT.
- 3- IF YOUR BOAT TAKES ON WATER, STAY CALM BECAUSE THE BOAT WILL NOT SINK COMPLETELY. IT MAY GO BELOW WATER LEVEL BUT WILL NOT SINK COMPLETELY.
- 4- DO NOT ROCK THE BOAT DO NOT SHIFT YOUR WEIGHT FROM SIDE TO SIDE TO COMPENSATE ROCKING.
- 5- IT IS SAFER TO TAKE ON WATER AND SINK SLOWLY THAN TO FLIP OVER. SOMEONE MAY GET HIT ON THE HEAD OR END UP UNDER THE OVERTURNED BOAT.
- 6- IF YOUR BOAT SINKS IN THE WATER OR FLIPS OVER STAY CALM AS POSSIBLE BECAUSE RESCUE WILL COME.
- 7- IF YOU LOSE YOUR PADDLE DON'T JUMP INTO THE WATER TO GET IT. A SAFETY BOAT WILL RETRIEVE IT.
- 8- FROM THE KAMEHMEHA AVE. BANK STARTING POSITION, THE STEERSMAN MUST HOLD ON TO THE END OF THE STARTING LINE ROPE AND FLOAT UNTIL SIGNALLED TO START (HORN SIGNAL TO START). PADDLERS WILL GET SET WITH THEIR PADDLES UP OUT OF THE WATER IN THE READY POSITION. STARTER (BY FINISH LINE AREA) WILL WAVE YELLOW FLAG & SOUND THE HORN TO GO. THEN PADDELING MAY START AND THE STEERSMAN SHOULD RELEASE THE STARTING LINE AND FLOAT.
- 9- STEERSMAN - ALWAYS KEEP YOUR BOAT IN YOUR LANE MAKE LEFT TURNS ONLY AT TURNAOUND POINT.
- 10- TIME IS OF ESSENCE. TEAM CAPTAINS PLEASE CHECK RACE CENTER FOR YOUR NEXT HEAT ASSIGNMENT GATHER AT THE STAGING AREA FOR RACING TEAMS ON DECK AND IN THE HOLE TEAMS MUST BE READY.
- 11- TIME IS OF ESSENCE. TEAM CAPTAINS PLEASE POSITION YOUR PADDLERS PRIOR TO BOARDING SO YOU MAY LOAD AND UNLOAD IN AN ORDERLY MANNER.
- 12- TEAMS WILL RECEIVE LOADING INSTRUCTIONS FROM LOADING CAPTAIN AND HIS CREW.
- 13- AFTER YOUR RACE IS OVER AND RESULTS POSTED, TEAM CAPTAINS MUST CHECK THE BOARD AT THE RACE CENTER FOR THEIR NEXT RACE.
- 14- VIDEO CAMERA AND RECORDED TIME IS BEING PROVIDED FOR CONTESTED OR FOR VERY CLOSE RACES.
- 15- IT IS THE TEAM CAPTAIN'S RESPONSIBILITY TO ENSURE THAT ROSTERS ARE CURRENT & WAIVERS FORMS SUBMITTED FOR ALL TEAM PADDLERS BEFORE PADDLING. ADDITIONAL FORMS WILL BE AVAILABLE AT THE RACE CENTER IF NEEDED.
- 16- TEAMS MAY SET UP THEIR TENTS BUT IT MUST BE FROM RACE CENTER AND AWAY FROM THE PAVED WALKWAY AND WATERS EDGE.
- 17- HAVE FUN. BE SAFE. KEEP THE AREA CLEAN.

